

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

1) The nurse reviews assessment data on a group of patients. Which patient should the nurse identify as experiencing a critical illness?

- A) Chronic renal failure on hemodialysis with no urine output with VS: BP 98/50, P 108, R 12
- B) Acute bronchospasm with VS: BP 100/60, P 124, R 32
- C) Motor vehicle crash with VS: BP 124/74, P 74, R 18
- D) Chronic airflow limitation with VS: BP 110/72, P 110, R 16

Answer: B

2) Which patient should the nurse expect to be transferred to a critical care unit? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) New onset of acute decompensated heart failure
- B) Receiving treatment for chronic renal failure
- C) Treatment for bacteremia from an infected foot wound
- D) Diagnosed with an acute mental illness
- E) Experiences an acetaminophen overdose

Answer: A, C, E

3) The nurse employed in a hospital in a small rural town would expect to provide which level of care in the critical care unit?

- A) Level I
- B) Level II
- C) Level III
- D) It is unlikely that the hospital would have a critical care unit.

Answer: C

4) With which individuals should the nurse expect to provide patient care in an "open" ICU?

- A) Multidisciplinary team with physicians who are also responsible for patients on other units
- B) Physician in charge of patient care who is a specialist in critical care
- C) Multidisciplinary team that includes a physician employed by the hospital
- D) Primary care physician who must consult a critical care specialist

Answer: A

5) What should the nurse who provides care to patients in a critical care unit realize the role of technology is on the amount of errors?

- A) There is uniform equipment throughout each facility.
- B) Devices are programmed to function without double checks.
- C) It makes the workload seem overwhelming to health care providers.
- D) It relies heavily on human decision making.

Answer: B

6) What should the nurse identify as an example of an installed forcing function or a system-level firewall to prevent errors when providing patient care?

- A) Undiluted potassium chloride is not available on critical care units.
- B) Prior to obtaining a medication, height, weight, and allergies are recorded.
- C) All medications are checked by two nurses prior to administration.
- D) Prior to administration of insulin, two nurses check the dose.

Answer: A

- 7) The nurse realizes that the increased use of technology in critical care units has resulted in which consequence for patient care?
- A) Improved patient safety across the entire spectrum
 - B) Improved overall patient satisfaction with care
 - C) Decreased risk of errors in patient care
 - D) Decreased therapeutic nurse-patient communication

Answer: D

- 8) The nurse in the critical care area is completing a preoperative checklist before sending a patient for surgery. This nurse's activity is an example of which recommendation issued by the Institute of Medicine?
- A) Simplifying key processes
 - B) Avoiding reliance on vigilance
 - C) Utilizing constraints
 - D) Standardizing key processes

Answer: B

- 9) Which actions should the nurse complete after realizing that an incorrect dose of medication has been administered to a patient? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Notify the physician.
- B) Prepare for an analysis of the error.
- C) Notify the patient and family.
- D) Keep the notification of the error silent.
- E) Document the error.

Answer: A, B, C, E

- 10) The nurse working within the AACN Synergy Model realizes that optimal patient outcomes are realized when:
- A) Nurses agree to work overtime to cover unit staffing needs.
 - B) Highly qualified nurses care for patients in highly technical settings.
 - C) Patient care is delivered within a "closed unit" model.
 - D) Staff nurse competency is matched with patient needs.

Answer: D

- 11) Which actions by the critical care nurse demonstrate an understanding of patient advocacy? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Alerting the physician to concerns about client placement after hospitalization
- B) Seeing the big picture when planning patient care
- C) Encouraging and supporting a patient's spouse in preparing for a family meeting
- D) Maintaining attendance at the bedside with the patient during a physician visit
- E) Assisting and supporting the patient and family as they reveal their needs

Answer: A, C, D, E

- 12) A nurse is preparing to communicate an issue about patient care to a physician using the SBAR technique. Which phrase is an appropriate initial statement?

- A) "I would like you to..."
- B) "The patient's immediate history is..."
- C) "I am concerned about..."
- D) "I think the problem is..."

Answer: C

- 13) Which statement should the nurse include for "A-Assessment" in the SBAR technique for communication?

- A) "The patient's vital signs are..."
- B) "I think the problem is..."
- C) "The patient's treatments are..."
- D) "I would like you to..."

Answer: B

- 14) Which statement should the nurse use when concluding SBAR communication about a patient issue?
- A) "The patient's immediate history is..."
 - B) "I have assessed the patient personally."
 - C) "The patient's physical findings are..."
 - D) "I am requesting that you..."

Answer: D

- 15) The nurse collaborates with other members of the health care team to effect optimal outcomes in patient care. Which characteristics of emotional maturity is the nurse using? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Actively identifying best practices
- B) Willing to take responsibility for failures
- C) Maintaining current skills
- D) Being a lifelong learner
- E) Overlooking one's own shortcomings

Answer: A, B, C, D

- 16) Which informal power bases should the nurse use in the health care setting? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Observation
- B) Expertise
- C) Goodwill
- D) Collaboration
- E) Information

Answer: B, C, E

- 17) Which action ensures that a patient has consented to care?

- A) Explain how a dressing is to be changed.
- B) Provide a consent form to sign to receive medications.
- C) Discuss a consent form to sign to be turned in bed.
- D) Ask the patient to sign a consent form to have dressings changed.

Answer: A

- 18) For what can the nurse be held liable if forcibly inserting a nasogastric tube against a patient's wishes?

- A) Malpractice
- B) Damages
- C) Negligence
- D) Battery

Answer: D

- 19) For which patient would decision-making capacity likely be impaired? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Diagnosed with septic shock
- B) Asks questions about identified treatments
- C) Being medicated for severe pain
- D) Does not understand the medical condition
- E) Is depressed

Answer: A, C, D, E

- 20) Which condition is most likely to occur when a patient is restrained?

- A) Developing a nosocomial infection
- B) Pulling out an endotracheal tube
- C) Disconnecting ventilator tubing
- D) Pulling out an intravenous line

Answer: A

- 21) What must the patient demonstrate for a nurse to be found guilty of negligence?
- A) Was assaulted
 - B) Was not consulted before being touched
 - C) Incurred damages
 - D) Suffered a wrongful death

Answer: C

- 22) What is associated with moral distress in critical care nurses? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Realizing that nurses maintain power in bedside decision making
- B) Leaving employment as a critical care nurse
- C) Knowing the right thing to do but not being able to do it
- D) Providing aggressive care to patients who cannot benefit
- E) Having no voice in clinical decision making

Answer: B, C, D, E

- 23) What might occur when a nurse employs conscientious refusal to participate? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Support by the patient
- B) Dismissal from a nursing position
- C) Protection from the state boards of nursing
- D) Employer sanctions
- E) Support from nursing administrators

Answer: B, D

- 24) Which symptoms indicate a nurse is experiencing compassion fatigue? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Dreads working with certain types of patients
- B) Excessively high tolerance for frustration
- C) Having a completely laissez-faire attitude
- D) Decreased functioning in nonprofessional situations
- E) Difficulty separating work from personal life

Answer: A, D, E

- 25) The nurse is providing care to patients in a Level II general critical care unit. For which types of patient problems will this nurse most likely provide care? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Wound infection
- B) Burns over 50% of total body surface
- C) Kidney transplant
- D) Reattachment of a traumatic amputation of the left leg
- E) Exacerbation of heart failure

Answer: A, E

- 26) A patient is admitted to an "open" intensive care unit. In addition to the nurse, which health care providers will assist in the care of this patient? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Pharmacist
- B) Social worker
- C) Respiratory therapist
- D) Attending physician
- E) Dietician

Answer: A, C, D

27) The critical care nurse is identifying patients at risk for safety and medical errors. Which patients should the nurse identify as being at risk for these issues? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Patient in isolation with MRSA
- B) Patient with pulmonary edema
- C) Patient with end stage renal disease and a respiratory rate of 8 per minute
- D) Patient recovering from pacemaker insertion
- E) Patient who does not understand English

Answer: A, C, E

28) The nurse manager of a critical care unit is explaining the AACN Synergy Model to the critical care nurses. What should the manager include as basic parts of this model? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Patient outcomes will be measured
- B) Based on the patients' characteristics
- C) Based on the competencies of the nurses
- D) The nurses' assessment of patient outcomes will be measured
- E) Reduction of cost to provide critical care services to patients

Answer: A, B, C, D

29) While completing a self-evaluation, the critical care nurse compares personal practice to the competencies identified by the AACN Synergy Model. Which behaviors are consistent with those in the Synergy Model? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Telling the next shift that a patient needs help with understanding instructions
- B) Approaches patient care by looking at the "big picture"
- C) Seeks out research studies to update protocols
- D) Encourages patient families to discuss issues with the physician
- E) Ensures family members are comfortable when visiting critical care patients

Answer: B, C, D, E

30) What would be appropriate reasons for an intensive care unit intensivist to call a huddle? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Discuss concerns about a patient's status or care.
- B) Make care providers aware of a change in a patient's situation.
- C) Plan care for the shift.
- D) Make an assignment change.
- E) Communicate a critical issue about a patient.

Answer: A, B, D, E

31) The nurse manager, concerned that several staff nurses are experiencing moral distress, is planning to implement the 4 A's to Rise Above Moral Distress. Which steps will the manager take? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Affirm
- B) Ask
- C) Assess
- D) Assert
- E) Act

Answer: A, B, C, E

32) The critical care nurse is experiencing psychologic symptoms of compassion fatigue. What strategies should the nurse use to enhance psychological well-being? Select all that apply.

Note: Credit will be given only if all correct choices and no incorrect choices are selected.

- A) Practice yoga for relaxation.
- B) Darken the room and limit activities before sleep.
- C) Plan to take a walk in the park at least once a week.
- D) Make time for recreational activities.
- E) Monitor food and beverage intake.

Answer: A, C, D

33) The nurse manager is planning the staffing budget for the next fiscal year. What action should the manager take to ensure that staffing is adequate?

- A) Meet with other nurse managers to compare staffing needs.
- B) Review staff competency needs with the director of human resources.
- C) Study the results of the organization's staffing evaluation.
- D) Remember that nurses should not work more than 72 hours each week.

Answer: C

34) The critical care nurse discusses a patient's change in status with the health care provider, pharmacist, and physical therapist. Which QSEN competency is this nurse demonstrating?

- A) Patient-centered care
- B) Evidence-based practice
- C) Quality improvement
- D) Teamwork and collaboration

Answer: D

35) The nurse plans to question a health care provider's choice of medication for a critically ill patient. Which statement demonstrates assertive communication?

- A) "I learned that this medication might not be effective with this health problem. Would you explain choosing it?"
- B) "This patient is getting worse, and it is because someone prescribed an antiquated medication to treat the problem."
- C) "I realize I am only a nurse, but I can read and I learned that this medication is a poor choice to treat this medical problem."
- D) "At times I think it would be wise to update the prescribing references that are used."

Answer: A

36) The adult daughter of a client with end-stage kidney disease informs the health care provider that all interventions are to be provided even though the client is heard telling the spouse that "enough is enough." What should be done first when analyzing this situation?

- A) Calculate the expense of providing care to the client.
- B) Identify significant information.
- C) Determine the decision maker for the client.
- D) Estimate the resources needed for care.

Answer: B

37) The nurse manager reviews the standards of self-care for caregivers during a staff meeting. Which staff nurse comment indicates that teaching about the standards has been effective?

- A) "I will play tennis with my sister at least twice a week."
- B) "I do love to read, but at times I review the events of the day and I'm distracted."
- C) "Going to the zoo with my nephew might be a good idea if I'm not needed for overtime."
- D) "I will consider yoga classes."

Answer: A